

Classic Powerlifting

EC Interclub Competition

25 March 2023

AGE GROUP	DEV	DIV	NAME & SURNAME	BODY WEIGHT	SQUAT					BENCH PRESS					DEAD LIFT					TOTAL (kg)	IPF GL Pts.	POSITION	TEAM POINTS	INCENTIVE BADGE			
					1ST	2ND	3RD	1ST	2ND	3RD	1ST	2ND	3RD														
WOMEN POWERLIFTING																											
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MEN POWERLIFTING																											
Sub-Junior	CRS	74	Zane Hamman	68.0	85.0	+	95.0	+	107.5	+	50.0	+	55.0	+	60.0	+	130.0	+	150.0	+	160.0	+	327.5	50.25	First	12	White
Sub-Junior	Westview	74	Liyema Phillip	66.4	60.0	+	65.0	+	70.0	+	50.0	+	55.0	+	60.0	-	110.0	+	120.0	-	125.0	+	250.0	38.85	Second	9	White
Sub-Junior	Westview	74	Aston Assam	66.4	60.0	+	65.0	+	70.0	+	50.0	+	55.0	+	60.0	+	110.0	+	120.0	-	120.0	+	250.0	38.85	Second	9	White
Sub-Junior	CRS	74	Gabriel Cressey	70.4	65.0	+	75.0	+	80.0	-	37.5	+	40.0	+	42.5	+	90.0	+	100.0	+	105.0	+	222.5	33.53	Third	8	White
Sub-Junior	Westview	74	Johan Nieuwoudt	69.2	60.0	-	60.0	+	70.0	-	60.0	-	60.0	-	60.0	-	110.0	+	115.0	+	120.0	+	180.0	27.37	DNF	#N/A	White
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Sub-Junior	Newton Tech	83	Ayabonga Goba	76.6	120.0	-	125.0	-	125.0	+	70.0	+	80.0	+	90.0	+	150.0	+	160.0	+	180.0	+	395.0	56.96	First	12	Yellow
Sub-Junior	Westview	83	JP Lues	77.1	80.0	-	90.0	-	90.0	-	70.0	+	80.0	-	82.5	-	160.0	+	170.0	+	180.0	-	240.0	34.50	DNF	#N/A	White
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Sub-Junior	CRS	105	Joshua Thurtle	98.8	55.0	+	60.0	+	67.5	+	60.0	-	60.0	-	60.0	+	90.0	+	100.0	+	105.0	+	232.5	29.54	First	12	White
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Sub-Junior	Newton Tech	120+	Sechaba Sigonyela	123.5	100.0	+	130.0	+	150.0	-	90.0	+	100.0	-	105.0	-	140.0	+	155.0	+	175.0	+	395.0	45.35	First	12	White
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Open	CRS	83	Keanan Ingram	81.3	125.0	+	137.5	+	145.0	+	85.0	+	90.0	+	100.0	+	180.0	+	190.0	+	200.0	+	445.0	62.25	First	12	Orange
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